



## **HEALTHY KITCHEN SPECIALS**

Starting 09/25/20

### **Poke Bowl**

Your choice of chilled sushi grade tuna OR seared tofu tossed in 'SoWabi marinade' (a soy based, rice vinegar wasabi marinade) over Asian rice topped with sesame seeds, seaweed salad, cucumber, shredded carrots, edamame, avocado and scallions - \$10.50

### **Middle East Pita Pocket**

Baked falafel, feta, hummus, Harissa sauce, lettuce and our Middle East slaw of black lentils, Kalamata olives, tomatoes, cucumbers & pickled onion - \$8.50

### **Quinoa Burger**

Quinoa, portabella mushrooms, kale and smoked mozzarella burger topped with guacamole, corn black bean relish, lettuce, tomato & a lime cilantro sauce on a toasted bun - \$9.00